

# Red River Valley Gymnastics "Meet the Stars" Gymnastics Camp

June 5th & 6th, 2009

RRVG Summer Camp will feature many of the best coaches in the region, led by James & JJ Bayer, Co-Head Coaches and Team Directors at RRVG. Also featured will be RRVG's own Junior Olympic National Qualifiers and Collegiate Gymnasts!

Please join us for two fun-filled & action-packed days of gymnastics! Camp will include instruction on Vault, Uneven Bars, Balance Beam, Floor Exercise, and Trampoline. All levels are welcome to attend, gymnasts will be grouped according to skill level and goals. Campers must be six years of age or older.

## Camp Fees: \$145.00

Includes camp leo & visit to



WaterPark at Canad Inn!

**Register by April 15th, 2009  
to receive a \$10.00 discount!**

## Tentative Daily Schedules

### Friday, June 5th

8:30-9:30 Breakfast @ Gym  
9:00-12:00 Gymnastics  
12:00-1:00 Lunch @ Gym  
1:00-4:00 Gymnastics  
4:00-4:30 Open Gym  
6:30-9:00 WaterPark

### Saturday, June 6th

8:30-9:30 Breakfast @ Gym  
9:00-12:00 Gymnastics  
12:00-1:00 Lunch @ Gym  
1:00-4:00 Gymnastics

Registrations, Waivers & Fees must be postmarked by May 1st, 2009 to guarantee spot. Entries postmarked after May 1st will be accepted provided space is available, but will not receive a camp leo.

## RRVG Camp Registration Form

Gymnast: \_\_\_\_\_

Parent/Guardian: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Work Phone: \_\_\_\_\_

Gymnast Age: \_\_\_\_\_ Year in School: \_\_\_\_\_

### Gymnast's Current Level (circle one):

Recreational: Beginner Intermediate Advanced  
Competitive: Pre-team USAG Level \_\_\_\_\_ HS

Level Competing Next Season: \_\_\_\_\_

### Leotard Size (circle one):

Child: XS S M L  
Adult: XS S M L XL

To guarantee your spot, registration & waiver must be completed and mailed with payment by **May 1st, 2009** to:

**Red River Valley Gymnastics**  
1602 32nd Ave. S  
Grand Forks, ND 58201