

General Gym Rules

- Gymnasts should be dropped off at the start of their class and picked up at the completion of their class.
- Gymnasts of all ages must wait INSIDE the building for their ride. Tell your child/children not to leave the building until you arrive to pick them up.
- Please tell your child/children not to leave with anyone other than you (the parent) or a ride that has been approved by you.
- Your child/children are not monitored prior to and after the completion of their class, either inside or outside the building.
- Gymnasts should report any accident or injury to the instructor or business office right away.
- Valuable items should not be brought to the gym. Red River Valley Gymnastics Club will not be responsible for lost or stolen items.
- Red River Valley Gymnastics Club reserves the right to cancel a gymnast's membership at any time.
- Parents & visitors are welcome but are asked to sit quietly in the designated areas. Please do not talk to or otherwise distract the gymnasts participating in the classes. Any interruption could result in serious injury.
- It is required that children who are 12 years old or younger in the RRVGC building or grounds must be either:
 1. Under direct supervision of a parent or guardian; or
 2. Registered and participating in a supervised RRVGC program activity.

Special Notes

- There is no food or drinks allowed in any of the class areas of the gym.
- Please do not take flash photography in the gym. It is distracting and can cause injuries
- Please pick up after yourself if you bring food items into the designated areas of the facility.
- Please do not lean or hang over the balcony in the viewing area.
- There is a lost & found box located in the front lobby.
- RRVGC is closed for all major holidays.
- There is a \$25.00 charge for any returned checks.